



## C.R.E.S.T Statement

(Culture of Respect, Empowerment, Support and Trust)

**To:** CBC of Seminole Partners  
**From:** Glen Casel  
**Date:** 3/31/2009  
**Re:** Crest Statement #2: Teen Normalcy

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Teen Normalcy is an important topic for today's teenage foster youth. In the past, caseworkers and other staff have been so worried about liability and old policies and procedures that they have punished and neglected foster youth just because they were involved in the dependency system. Now times have changed, and we have realized with the help of some of these young adults that it is not normal for teenagers to have to wait until they are 18 to experience day to day teenage activities including: dating, driving, working, and being alone at home after school.

CBCS has developed a "Teen Plan" with the input of the Seminole County Youth Advisory Board. This Teen Plan is a working document that is to be developed with the dependency case manager, the caregiver, and the youth. They are required to be completed at least every 90 days, but can be done more frequently as circumstances change. These Teen Plans are to be used as a contract and all parties will have a copy for their own reference.

Normalcy for teens is very important to CBCS, as it represents one of the steps we have taken to make this a better system for the youth that are growing up in foster care. We are committed to showing them the same culture we demonstrate with our staff and community providers, and make sure they feel respected, empowered, supported and that they have an overall trust in us to do the right thing for them.

To find out more about these teen plans or about normalcy in general, Dependency Case Managers can call or email Keri Flynn. Thank you for all of your hard work and dedication to make CBC of Seminole the best child welfare organization in Florida.



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